

# PENTATHLON GB<sup>+</sup>

## Code of Conduct for Parents and Carers

As a parent or carer of a child or young person participating in our activities—whether it's club events, or national competitions—Pentathlon GB greatly value your support and involvement. To ensure a positive experience for everyone, this friendly Code of Conduct for parents and carers, highlighting the behaviours we encourage and those we'd like to avoid.

### What We Encourage:

1. **Open Communication:** Take a moment to talk to your child about their sporting journey. Ask them about their goals and what they enjoy the most.
2. **Celebrate Everyone:** Cheer for all participants. Applaud both individual and team efforts, no matter the outcome.
3. **Enjoyment First:** Remind your child that the joy of participating is what truly matters. Winning is great, but having fun is what keeps them coming back.
4. **Embrace Sportsmanship:** Talk about the importance of playing by the rules and showing respect for everyone on the field.
5. **Be Mindful Online:** When using social media or communication apps, let's keep our interactions positive and respectful.
6. **Share Important Info:** If your child has any health or welfare concerns, please share these with the coach, welfare officer or team manager so they can provide the best support.
7. **Respect Everyone:** Treat all individuals equally, embracing diversity in age, ability, gender, race, religion, social status, and sexual orientation. Everyone deserves to feel safe and protected.

### What We'd Like to Avoid:

- **Negative Comments:** Please refrain from punishing, belittling, or shouting at your child or any young participant, whether in person or online. Let's keep the focus on positivity.
- **Inappropriate Language:** Avoid using any foul, sexist, or racist language or gestures.
- **Field of Play:** Please stay off the field unless invited by a coach or official.
- **Supportive Environment:** Help us maintain a positive atmosphere by not condoning any behaviour that goes against our Code of Conduct.
- **Rule Violations:** Let's encourage fair play and adherence to the rules, steering clear of any prohibited substances or behaviours.

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## **Our Commitment:**

Pentathlon GB believe that by following this Code of Conduct, they can create a nurturing and enjoyable environment for all our young athletes. If any concerns arise regarding behaviour that contradicts these guidelines, Pentathlon GB will address them with the parent directly, aiming for a quick and friendly resolution.

Pentathlon GB will take positive action if we believe you have breached the Code of Conduct for Parents/ Carers and reserve the right to remove you from an event/ competition and follow our safeguarding and disciplinary procedures.

If you ever have questions, concerns, or need support, please don't hesitate to reach out to our [Safeguarding and Welfare Lead](#).

## **Note**

Child or young person is under 18 years of age.