

PENTATHLON GB⁺

TETRATHLON EVENT DESCRIPTION

- A Modern Tetrathlon is an event that combines four of the Pentathlon family of sports – Swimming, Running, Shooting and Fencing. The run and the shoot disciplines combine to form the Laser Run. The swim, laser run and fencing elements are participated in separately and points are awarded to each competitor based upon their time achieved in both events. The final placings are determined from the combined points score from the four disciplines.
- PGB hold our National Age Group Tetrathlon Championships as part of our Festival of Multisports in the summer.
- A Tetrathlon event has age groups from Under 13s right up to Masters 70+

